

## EYES AND LASHES

- Eye Brow Tint\*** £8.50 (15 minutes)  
**Eye Lash Tint\*** £13.50 (20 minutes)  
**Brow and lash Tint\*** £20 (30 minutes)

### Eye Lash Extensions\*

For special nights out to long holidays we have the lash solution for you. Full lashes open your eyes and add a youthful flutter and help you look fantastic even without make up. Go natural or for full-on glamour...lashes to suit your personality.

**Full set £51 (Up to 1 hour 45 mins)**

**Lash Infil From £28 (Up to 45 mins)**

### Lash Lifting\*

Make the most of your natural lashes with an eye opening lash lift. No additions just your natural lash at its best. This treatment includes a lash tint after the lift. **£35 (55 Minutes)**

### HD Brows\*

A hot celebrity favourite...HD brows' famous brow programme is the ultimate brow make over that creates a face framing brow with a colour and design unique to you. Choose from:

**HD Original £28 (40 minutes)**

**HD Browsculpt £40 (40 minutes)**

\*Patch Test required 48 hours before all lash, brows, IPL, Electrolysis and Glow-Getter Treatments.

## HAIR REMOVAL

### Waxing

Lip	£7	1/2 Leg	£18
Chin	£7	Full Leg	£27
Lip and chin	£12	Basic Bikini	£16
Eye brow	£10	Intimate waxing	£28
Underarm wax	£10	Full leg and bikini	£39
		Chest / Back	£16
		Arm	£16

**Electrolysis / Epilation\*** £16 (20minutes) £23 (30minutes)

**IPL Hair Removal \*** From £25. See IPL price list for more details.

### Packages

**Bliss Package £52 (1.5 hours)**  
Back massage, Mini facial, Hand & arm massage.

**Holistic Package £52 (1.5 hours)**  
Reflexology, Indian head massage and Reiki.

#### Cancellation Policy:

We require 48 hours notice for the cancellation or alteration of appointments. Appointments altered within this time period will be subject to a 50% charge for the appointment or service cancelled.

**Spa Package £65 (2 hours)**

Full body exfoliation, Nourish or detox pomegranate back treatment, Scalp massage, File & polish nails, File & polish toes.

**Maternity Package £67 (2 hours)**

Get ready for your new arrival with a mum to be pamper includes pregnancy massage, bikini wax and mini pedicure.



## Treatment Price List

### NAIL TREATMENTS

#### File and Polish

Refresh your look by tidying up the nails and adding a new colour. We use long-wear CND Vinylux polish for a high gloss finish, wearable for upto 7 days.

**Hands £13 / Toes £15 (20minutes)**

#### Manicure

Show your hard working hands some tlc with a Skin Couture manicure. This treatment includes skin, nail and cuticle care, a hydrating massage and masque to the hand and arm, completed with your choice of colour.

**Mini £19 / Standard £27/ Gel £33 (25/55/55minutes)**

#### Pedicure

Revive your feet with a Skin Couture Pedicure. This treatment includes skin, nail and cuticle care, a skin refreshing exfoliation and hard skin removal, completed with your choice of colour.

**Mini £23 / Standard £30 / Gel £36 (25/55/55minutes)**

#### IBX Nail Repair and Strengthening

IBX repairs & strengthens nails by infusing product deep into the nail giving strength from within. Can be worn alone leaving a buffed nail look or idea under shellac.

**Single Treatment £12/ Course of 4 £42**

#### Gel Polish and Nail Wraps

Bold and show stopping or subtle and sophisticated - No matter your style our advanced gel polish and nail wrap services give you the perfect chip resistant and high gloss finish. Wearable for up to 2 weeks.

**Application £26 (45minutes)**

**Application and removal £30 (55minutes)**

**Nail art From £2**

#### CND Plexigel Nail Enhancement

Strength, length and beautiful colour. Plexigel provides an elegant finish, smoothing imperfections on the nails surface with the option of additional length. Results last for up to 3 weeks.

**Natural nail overlay From £33 (55minutes)**

**Nail Extensions from £49 (1.5 hours+)**

**Infils from £38 (55minutes+)**

#### Removal Treatments

When the time comes to take off your gel polish don't pick it! Come to us for a professional removal and leave with beautifully nourished natural nails.

**Gel Polish £10 / Nail Extension Removal or removal of nail products not originally applied by Skin Couture £16+ (15minutes / 20minutes+)**



## FACE

### Taster facial

A mini facial to cleanse, exfoliate and nourish your skin. A little delight! Perfect if you wish to sample our skincare product ranges, give your skin a mini boost or get customised skincare advice for your specific concerns.

**£29 (25minutes)**

### Electrical Facials

#### Microdermabrasion

A deep peeling exfoliation to improve skin imperfections and refine skin texture followed by a cooling mask to soothe and comfort the skin. Ideal for fine lines, ageing, open pores, acne scarring, pigmentation and congested skin.

**£46 (45 minutes)**

Not sure which facial to have - Why not let us analyse your skin type and skin condition. We can then tailor a skin care plan to suit your individual needs and get you the best result!

### Skin Nutrition

Like your five a day but for the skin. This Dr Renaud hands on facial combines the power of fruit, vegetable and botanical extracts to enhance the skins overall appearance. A sensory experience that will calm both mind and body.

**£47 (55 minutes)**

### Glow-Getter\*

Our anti-ageing powerhouse. Microdermabrasion, IPL light therapy and ice globe lifting - this facial will transform your skin with giving you a glow and youth even celebrities will envy!

**Single Treatment £115 (1 hour 15 minutes)**  
**Course of 3 £330**

### Guinot Facial

Our range of Guinot exclusive skin care treatments are suited to different skin types and objectives. These treatments utilise the latest in scientific advances and discoveries in skin biology to offer treatment ms that are not only cutting edge but are equally comfortable and relaxing.

**See insert for a full treatment list + prices.**

### Pregnancy Massage

Using the Baby Mama Bliss technique this relaxing massage provides nurturing care to address aches and pains and aid positive sleep patterns during a time of change for your body.

**£41 (55 minutes)**

### Cream / Mousse Tan Application

This classic application is massaged into the skin and works with your natural skin tone to ensure your colour is natural and beautiful. Choose from classic, express or extra dark.

**£28 (45minutes)**

Want more from your regular relaxation treatment? Ask us on booking to add additional time to your standard treatment or add an additional service such as an exfoliation to boost your overall result (additional cost to be discussed on booking)

## HOLISTIC

### Indian Head massage

An intensive massage focused on the head and shoulders. Perfect to reduce headaches, relieve tension and to encourage healthy hair growth.

**£30 (45 minutes)**

### Hot stone massage

The ultimate in relaxation. All the benefits of a body massage with the added bonus of warmed stones to introduce heat and an extra depth of pressure. Its not a luxury it's essential body maintenance!

**£43 (55 minutes)**

### Reiki

A healing energy treatment that uses light touch pressures to rebalance the body and promote a holistic wellbeing of the mind body & spirit.

**£37 (55 minutes)**

### Back Facial

Purify skin prone to oiliness & breakouts with this skin brightening back treatment. Cleanse, extract, exfoliate, electrical high frequency & decongesting massage.

**£37 (45minutes)**

### New! Pomegranate Body Treatment

Boost your whole body at cellular level - the power of organic pomegranate will leave the skin restored, protected and moisturised. Perfect for pre and post holidays or as a full body revival during the colder months!

**Single treatment £60 (90 minutes)**

**Course of 3 £165**

## MAKE UP SERVICES

### Make up application

Perfect for a special occasion, to update your look or to learn more about selecting make up to suit your skin.

**£35 (45minutes)**

### Bridal Make up application

Bring out your natural beauty on your special day. Includes a trial at the salon to ensure your make up is designed to suit you and make up on the day at your home/venue.

**£80 (1hour trial and make up on the day)**

### Ear Candling

A relaxing treatment that gently warms the ear canal to improve the flow of trapped wax and debris. Our treatment includes a sinus drainage massage to improve sensory wellbeing.

**£29 (30 minutes)**

### Reflexology

Focusing on the feet this treatment works on specific pressure points that relate to the body organs to achieve balance and wellbeing. A divine treatment to encourage relaxation and healing.

**£37 (55 minutes)**

## BODY

### Recharge Back Massage

Our recharge massage focuses on the key problem areas of back, neck & shoulders leaving you feeling relaxed and rested.

**£28 (25minutes)**

### Deep Sleep Body Massage

You need a week off but in reality you can only spare an hour or so? This treatment will let your body de-stress and your mind detox. Total relaxation, like a spa day that's been squeezed into your lunch break.

**£39 (55minutes)**

### Candle Massage

The treatment you'll never get enough of - Using Dr Renaud's warm, expertly blended massage candles to comfort and revitalise your skin and body. Outside ost luxurious massage yet!

**£43 (55minutes)**

### Bamboo Massage

Not for the faint of heart! Deep pressure bamboo cane massage coupled with limb stretches to reduce tension and improve overall flexibility. This massage will leave you feeling brand new.

**£43 (55minutes)**



## Lift Summum (50min)

An exclusive skincare treatment that provides global firming action and instantly reduces signs of ageing and fatigue in the face, neck and décolleté.

**Individual treatment: £72 Course of 3 treatments (recommended for best results): £175**

## Age Summum (50mins)

The ultimate hands on anti-ageing treatment that utilises the power of pure vitamin C to promote firming and erases signs of ageing on the face, neck, décolleté and hands.

**Individual treatment: £82 Course of 3 treatments: £200**

## Hydra Peel (45 minutes)

Renew your skin and recover radiance with this hands on peeling treatment. This facial will reduce the appearance of dark spots and pigmentation and erase signs of ageing. Patch test required to assess treatment suitability 24 hours prior to treatment.

**Individual treatments: £57 Course of 3 treatments: £138**

## New! Hydra Summum (50 minutes)

The ultimate Hydrating facial highly concentrated in Hyaluronic acid to help hydrate and fill lines and wrinkles. A two-part massage, the first part helps to decongest skin tissue while the second part has energetic movements

to restore density and radiance to the skin. Concluding with a fresh gel texture mask to soothe and saturate the skin with moisture due to, two key active ingredients Hydralagic complex and hyaluronic acid. The skin looks plumped smooth and intensively moisturised.

**Individual treatments: £72 Course of 3 treatments: £175**

## Équilibre Puriteté (40 minutes)

For those needing to restore balance and purify the skin. Équilibre Puritete will reduce imperfections and leave the skin shine free.

**Individual treatment: £45 Course of 3: £112**

## DetOxygen (50 minutes)

Give your skin care routine a kickstart with a DetOxygen treatment. This facial reoxygenates the skin boosting your cell metabolism, detoxifies and protecting your skin from effects of both external and internal factors such as stress, pollution and lifestyle.

**Individual treatment: £52**

## Hydradermie (1 hour - 1 hour 15)

The alternative to aesthetic medicine. This patented treatment uses both product and machine technology, stimulating cell activity and leaving your skin youthful, refreshed and minimising signs of ageing.

**Youth: £76 Age logic: £82 Course of 3: Third treatment 50% off**

## Hydradermie Lift (30mins/ 1 hour / 1 hour 30)

Give an instant lift to the facial contours with the Hydradermie Lift treatment. Choose from an express, standard or deluxe service depending on your desired outcome to improve the skin's elasticity and tone.

**Express: £50 standard: £72 Deluxe: £97 Course of 3: Third treatment 50% off**

## Eye Lift (40 minutes)

Brighten, decongest and reduce the appearance of ageing the delicate eye contour area with an Eye Lift. This treatment is a blend of technology combined with a drainage and lifting massage and an eye treatment mask.

**Individual treatment: £60 Course of 3 treatments: £145**